




## A Soft Skills Initiative for College Students

Powered by  **GUARDIANS**  
EDTECH  
in Association with  **REVA**  
UNIVERSITY  
Bengaluru, India

Welcome to  EmpowerED, an exciting initiative designed to empower college students with a comprehensive range of soft skills. In partnership with Reva University, we are thrilled to present this unique program that will help you unlock your potential and shine in your academic and professional journey.

 [www.guardiansedtech.com](http://www.guardiansedtech.com)

 [info@guardiansedtech.com](mailto:info@guardiansedtech.com)



IN ASSOCIATION WITH



**REVA**  
UNIVERSITY  
Bengaluru, India




**MALLIGE**  
COLLEGE OF PHARMACY



# Are You Ready to Be EmpowerED ?

Refine, Elevate, Excel

 EmpowerED is here to illuminate your path to success by providing you with the soft skills necessary to thrive in today's competitive world. Our program covers a diverse array of topics, ensuring that you are well-equipped for whatever the future holds.



20 HOURS

# SOFT SKILLS

## 1. Ice Breakers (1 Hr)

- Breaking Barriers and Building Bonds
- Kick off your journey with the art of ice breakers – the key to forging connections and creating a comfortable atmosphere for effective communication and teamwork.

## 2. Self-Introspection/Self-Identification (2Hrs)

- Discover Your True Self
- Delve into the world of self-discovery. Uncover your strengths, weaknesses, values, and passions to gain clarity on your life's direction.

## 3. SWOT Analysis(2Hrs)

- Know Your Inner Potential
- Conduct a comprehensive analysis of your strengths, weaknesses, opportunities, and threats to make informed decisions about your academic and career choices.



IN ASSOCIATION WITH



**REVA**  
UNIVERSITY  
Bengaluru, India



**MALLIGE**  
COLLEGE OF PHARMACY



# SOFT SKILLS

## 4. Mindset Concept (5Hrs)

- a. Mindset & In the Box Concept(6Hrs)
- b. Collusion(1Hr)
- c. Coming Out of the Box/How to Get Out of Collusion(2Hrs)
  - Challenge your thinking and embrace a growth mindset. Learn to break free from self-imposed limitations and unleash your creativity.

## 5. Gratitude (2Hrs)

- Cultivate Positivity and Resilience
- Discover the power of gratitude and how it can positively impact your mental well-being, relationships, and overall perspective on life.

## 6. GTM Modules(6Hrs)

- a. Goal Setting(2Hrs)
- b. Time Management(2Hrs)
- c. Money Management(2Hrs)
  - Master the skills of goal setting, effective time management, and financial wisdom to secure your future.

# SOFT SKILLS

## 7. Networking Skills (2Hrs)

- Expand Your Network and Build Professional Relationships
- Uncover the art of networking, effective communication, and relationship-building in a professional context.



20 HOURS

# WORK READINESS MODULE

### a. Communication Skills(9Hrs)

- i. Interpersonal Communication(2Hrs)
- ii. Presentation Skills(3Hrs)
- iii. Email and Virtual Communication(2Hr)
- iv. Art of Effective Pitching(2Hrs)

Enhance your communication skills across various platforms, from in-person conversations to virtual interactions, and craft compelling presentations and emails.

### b. Interview Skills(2Hrs)

Ace interviews through preparation, technique, and follow-up strategies.

### c. Grooming(2Hrs)

Master personal presentation, grooming, and dressing for professional success.



IN ASSOCIATION WITH



**REVA**  
UNIVERSITY  
Bengaluru, India



**MALLIGE**  
COLLEGE OF PHARMACY



# WORK READINESS MODULE

## **d. Mock Interviews(2Hrs)**

Practice your interview skills, receive valuable feedback, and boost your confidence for real interviews.

## **e. Offer Letter/Appointment Letter Conditions(2Hrs)**

Understand the terms and conditions of job offers and employment agreements to make informed career decisions.

## **f. Work Ethics & Loyalty(2Hrs)**

Develop a strong work ethic, foster workplace loyalty, and become a trusted professional.

## **g. Dos & Don'ts at the Workplace(1Hr)**

Navigate the professional world with confidence by understanding unwritten rules and best practices for success.



IN ASSOCIATION WITH



**REVA**  
UNIVERSITY  
Bengaluru, India




**MALLIGE**  
COLLEGE OF PHARMACY




Don't miss out on this transformative opportunity.


Register today and let

 **EmpowerED** illuminate your path to personal and professional success.

## Contact Us at

 [www.guardiansedtech.com](http://www.guardiansedtech.com)

 [info@guardiansedtech.com](mailto:info@guardiansedtech.com)

 +91 8792929559



IN ASSOCIATION WITH



**REVA**  
UNIVERSITY  
Bengaluru, India



**MALLIGE**  
COLLEGE OF PHARMACY





**JOIN US ON A JOURNEY OF  
SELF-DISCOVERY, SKILL  
ENHANCEMENT, AND  
PERSONAL GROWTH.  
EMPOWERED IS YOUR  
OPPORTUNITY TO SHINE  
BRIGHTLY, PREPARING  
YOU FOR A FUTURE FILLED  
WITH ACHIEVEMENTS  
AND SUCCESS.**

---

[www.guardiansedtech.com](http://www.guardiansedtech.com)